



Lakeland Runners Club **Lightning Cross Country**

2019 Registration Form (one per child)

LRC Lightning Cross Country is open to children in 5th through 8th grade.

Payment will be online thru Local Races, and must be completed by July 11.

Fees: \$25 if you don't need a uniform. \$50 for uniform and meet registrations.

Child's Name _____

Gender _____ Birthdate ____/____/____ Grade _____

School _____ High School Graduation Year _____

Special Needs, Allergies, Medical or Physical Conditions _____

Jersey Size YS YM YL AS AM AL

Shorts Size YS YM YL AS AM AL

Lakeland Runners Club Membership Family Student

Parent/Guardian Name _____

Cell _____

Emergency Contact & Phone _____

I _____ (parent/guardian) of _____, do hereby indemnify all organizers, coaches and athletes associated with the Lakeland Runners Club, and any competing teams and partners. I understand that this is a part of the Lakeland Runners Club and hereby, for myself, my heirs, my executor and administrators, waive and release all claims for damages I may have against the Lakeland Runners Club, all sponsors, volunteers, officials and organizers. I confirm that my child is physically sound and medically cleared to participate in cross country events and practices and is playing by his/her own choice and with my expressed permission.

_____ Parent/Guardian Printed Name

_____ Parent/Guardian Signature Printed Name