

## 2019 Double Down 5k

Presented by MIDFLORIDA Credit Union

Saturday, October 12

Curtis Peterson Park

[3700 Cleveland Heights Blvd, Lakeland, FL 33803](https://www.google.com/maps/place/3700+Cleveland+Heights+Bvd,+Lakeland,+FL+33803)

Race Start – 7:30 am



This event benefits the Kids Pack.

**Submitting this application does not register you for the event.** You will receive an email from the race director with instructions to go online to select your shirt size and complete other pertinent information required to be registered.

**Double Down 5k applications must be postmarked BEFORE Sept 27, 2019.**

Contact the race director at [lrcdd5k@gmail.com](mailto:lrcdd5k@gmail.com)

Race information available online includes:

- About This Event & Our Beneficiary
- Registration: Online, Paper, Transfers. There are no virtual options.
- Volunteer
- Bib Mules and Bandit Runners are Subject to Disqualification/Ban
- Restrictions - Safety is our first priority!
- Race Number Pickup
- Hotels
- Course Information, Aid Stations & Restrooms
- Parking
- Participant Shirt
- Finisher Medal
- Age Group Awards
- Photos & Results

**2019 Double Down Entry Form – must be postmarked by Sept 27 entry fees are non-refundable**

**Early Registration \$25.00**

**Make checks payable to LRC & mail to [LRC-DD5k](mailto:LRC-DD5k), P.O. Box 1484, Lakeland, FL 33802**

Once the club receives your payment, you will receive an email with a “paid in full” coupon code that will allow you to complete your registration online, where you will select your shirt size and sign the waiver.

**Please print your information clearly. The LRC is not responsible for applications that are not completed due to incorrect email addresses or instructions that go to SPAM/JUNK folders.**

FIRST: \_\_\_\_\_ LAST: \_\_\_\_\_

EMAIL: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_