



When:

Saturday – June 9th, July 14th and August 11th START PROMPTLY AT 7:00 AM

Where:

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VKEP Love Chiropractic

PUBLIX I

Beautiful Lake Hollingsworth 929 Lake Hollingsworth Drive Lakeland FL

Series Entry Fee:

Early Registration: \$40.00 (If postmarked by 05/25/18)

No LRC vouchers will be accepted at packet pick up or on race day. Paper LRC vouchers submitted via mail with a paper application must be postmarked by May 25, 2018.

Late Series Registration: \$45.00 (Beginning May 26, 2018 available online only)





#CANYOUBEATTHEHEAT

Presented by:

MIDFLORID/ **Mour** community credit union

Technical Race Shirt:

Adult (gender specific) – Series registration required by June 9th to receive a shirt.

Additional Information:

Visit www.lakelandrunnersclub.org or e-mail Angi Griffin and Lynn King for information regarding awards, volunteer opportunities, and more at watermelon5Kseries@gmail.com

Connect with us on the LRC Watermelon Event Facebook page.

Registration Transfers:

Registrations are transferable. To transfer a registration to another runner, contact the race director to complete this process. No transfers after May 25, 2018.

Registrations are not refundable





Associates

Registration:

Race Day Registration: 5:45-6:45 AM **Online Registration:** lakelandrunnersclub.org/Ircraces/ssws5k/

Bib pick up:

Friday night before each race day -FITniche, Lakeside Village 4:00-8:00 PM Race day pick up - 5:45-6:45 AM

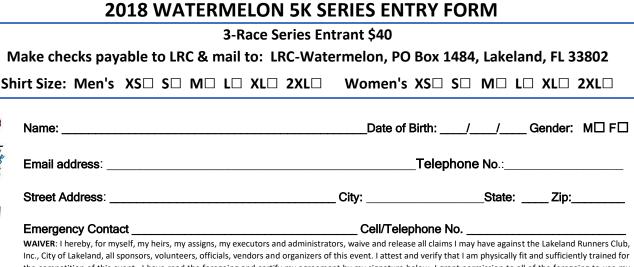
Series Awards:

Awards will be given to male and female overall winners, overall Masters (40 and over) winners, and overall Grandmasters (50 and over), plus 3 deep in age groups. See LRC website for details.



oundation **RUNNING & FITNESS** niche





the competition of this event. I have read the foregoing and certify my agreement by my signature below. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.





_Parent signature:___

